

# EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers  Baked Beans & Garden Peas Chipped / Baked Potato  Homemade Flakemeal Biscuit	Beef Ragu Italia  Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad  Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread  Garden Peas / Baton Carrots Boiled Rice / Mashed Potato  Arctic Roll and Peaches	Roast of the Day, Stuffing & Gravy  Fresh Vegetables in Season Mashed / Oven Roast Potato  Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chilli Dip  Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes  Fruit Muffin & Apple / Orange Juice
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers  Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw  Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie  Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato  Summer Fruit Cheesecake	Beef Meatballs with Tomato & Basil Sauce  Green Beans / Baton Carrots Steamed Rice / Pasta Spirals  Sticky Date Pudding & Custard	Roast of the Day, Stuffing & Gravy  Fresh Vegetables in Season Mashed / Oven Roast Potato  Golden Krispie Square	School "Chippy Day" Chicken or Fish Goujons / Sausages  Beans / Mushy Peas Chipped / Baby New Potatoes  Frozen Fruit Yoghurt
4 March 1 April 29 April 27 May 24 June 16 September	Baked Pork Sausages & Gravy  Baked Beans / Garden Peas Chipped / Baked Potato  Ice-Cream & Two Fruits	BBQ Pulled Pork Pizza Wrap  Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges  Jaffa Cake Pots	Breaded Fish & Lemon Mayo  Garden Peas / Diced Carrots Mashed / Baby Potato  Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy  Fresh Vegetables in Season Mashed / Oven Roast Potato  Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions  Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice  Lemon Shortbread & Melon Wedge
11 March 8 April 6 May 3 June 26 August 23 September	Beef Bolognese  Sweetcorn / Broccoli Pasta Spirals / Mashed Potato  Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo  Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato  Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread  Diced Carrots & Green Beans Noodles / Rice  Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta  Fresh Vegetables in Season Mashed / Oven Roast Potato  Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup  Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes  Ice-Cream & Mandarin Oranges

MILK, WATER, BREAD &  
FRESH FRUIT AVAILABLE DAILY

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DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO  
PRODUCT AVAILABILITY

# EAT SMART WITH THE LUNCH BUNCH

**Vegetarian**



**WEEKS SERVED**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p><b>19 February</b> <b>18 March</b> <b>15 April</b> <b>13 May</b> <b>10 June</b> <b>2 September</b> <b>30 September</b></p>	<p>Golden Crumbed Fish Fingers</p> <p>Baked Beans &amp; Garden Peas Chipped / Baked Potato</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Italian Veg Ragu Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad</p> <p>Yoghurt &amp; Fruit</p>	<p>Veg Curry &amp; Naan Bread</p> <p>Garden Peas / Baton Carrots Boiled Rice / Mashed Potato</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Meat Free Chicken Fillet, Stuffing &amp; Gravy</p> <p>Fresh Vegetables in Season Mashed / Oven Roast Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>Quorn Dipper &amp; Sweet Chilli Dip</p> <p>Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes</p> <p>Fruit Muffin &amp; Apple / Orange Juice</p>
<p><b>26 February</b> <b>25 March</b> <b>22 April</b> <b>20 May</b> <b>17 June</b> <b>9 September</b></p>	<p>Golden Crumbed Fish Fingers</p> <p>Sweetcorn &amp; Roasted Peppers Chipped / Baked Potato / Coleslaw</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Meat free Cottage Pie</p> <p>Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>Meat free Meatballs with Tomato &amp; Basil Sauce</p> <p>Green Beans / Baton Carrots Steamed Rice / Pasta Spirals</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Meat Free Chicken Fillet, Stuffing &amp; Gravy</p> <p>Fresh Vegetables in Season Mashed Potato / Oven Roast Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>School "Chippy Day" Quorn Dippers or Fish Goujons / Veggie Sausages</p> <p>Beans / Mushy Peas Chipped / Baby New Potatoes</p> <p>Ice Cream Tub</p>
<p><b>4 March</b> <b>1 April</b> <b>29 April</b> <b>27 May</b> <b>24 June</b> <b>16 September</b></p>	<p>Veggie Sausage</p> <p>Baked Beans / Garden Peas Chipped / Baked Potato</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Veg Curry &amp; Naan Bread</p> <p>Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic &amp; Paprika Wedges</p> <p>Yoghurt &amp; Fruit</p>	<p>Breaded Fish &amp; Lemon Mayo</p> <p>Garden Peas / Diced Carrots Mashed / Baby Potato</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Meat Free Chicken Fillet, Stuffing &amp; Gravy</p> <p>Fresh Vegetables in Season Mashed Potato / Oven Roast Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>Bean Burger in Bap with Onions</p> <p>Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice</p> <p>Lemon Shortbread</p>
<p><b>11 March</b> <b>8 April</b> <b>6 May</b> <b>3 June</b> <b>26 August</b> <b>23 September</b></p>	<p>Meat Free Bolognaise</p> <p>Sweetcorn / Broccoli Pasta Spirals / Mashed Potato</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Breaded Fish &amp; Lemon Mayo</p> <p>Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>Chinese Veg Curry &amp; Naan Bread</p> <p>Diced Carrots &amp; Green Beans Noodles / Rice</p> <p>Jelly/Yoghurt &amp; Fruit</p>	<p>Meat Free Chicken Fillet, Stuffing &amp; Gravy</p> <p>Fresh Vegetables in Season Mashed Potato / Oven Roast Potato</p> <p>Yoghurt &amp; Fruit</p>	<p>Veggie Dog with Tomato Ketchup</p> <p>Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes</p> <p>Ice-Cream</p>

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